



# Nursing Bulletin

April 2024

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Library and Knowledge Services at Pilgrim Hospital:

Tel: 01205 445272 Email: [library.pilgrim@ulh.nhs.uk](mailto:library.pilgrim@ulh.nhs.uk)

## Focus Board Games

Game based learning is the perfect way to learn!

The following board games are available to loan from the library

### The Drug Round Game



### Sepsis Game



### Dysphagia Game



### The Stroke Game



Please contact [library.pilgrim@ulh.nhs.uk](mailto:library.pilgrim@ulh.nhs.uk) for information on how to loan these items



## Articles

### [A guide to removing surgical staples](#)

**British Journal of Nursing Vol. 33, No. 8 pp. 372-380**

The article further explores the procedural steps involved in the removal of surgical staples and highlights the holistic aspects of patient care that need to be considered. This includes strategies for effective pain management, ensuring informed consent, and maintaining a sterile environment. By integrating clinical skills with a thorough understanding of wound care, this article aims to improve nursing practices in surgical settings, promoting better patient outcomes and recovery.

### [How to carry out a respiratory assessment in advanced practice](#)

**Nursing Times 120, 5 (online) 2024**

This article, the fourth in a series on assessment and interpretation for advanced clinical practitioners, outlines a systematic approach to assessing breathing changes in the non deteriorating patient.

### [Using the NEWS2 and ABCDE assessment to identify early signs of clinical deterioration](#)

**Nursing Standard, 25<sup>th</sup> March 2024**

This article describes how nurses can use early warning scores and a structured patient assessment, using the ABCDE (airway, breathing, circulation, disability, exposure) framework, to identify early signs of deterioration and facilitate the timely escalation of patient care where necessary.

### [Stoma care: an update](#)

**British Journal of Community Nursing Vol. 29, No. 4 pp.184-188**

The person with a stoma may require help and support from the community nurse. This article aims to update readers on the indications for colostomy and ileostomy surgery and to enable them to support ostomates to reduce the risks of complications.

### [Recognising urinary tract infections in older people](#)

**Nursing Standard, 39, 4 pp. 67-69 April 3<sup>rd</sup>**

Tips on UTI prevention, diagnosis and treatment to improve quality of life and reduce risk of adverse behavioural symptoms and outcomes, including sepsis

### [How relational leadership can enhance nurses' well-being and productivity](#)

**Nursing Standard, 2<sup>nd</sup> April 2024**

This article discusses various relational leadership styles that can be used to promote nurses' health and well-being and enhance productivity. The author also explores the benefits and challenges of implementing relational leadership in nursing

### [Martha's rule: applying a behaviour change framework to understand the potential of complementary roles of clinicians and patients in improving safety of patients deteriorating in hospital](#)

**British Journal of Hospital Medicine Vol. 85, No. 2 pp. 1-6**

This article analyses the possible impact of the proposed policy through the lens of a behaviour change framework and explores new opportunities presented by the implementation of Martha's rule.

### [Talking your language: communication between generations](#)

**Nursing Standard. 39, 4, pp.15-17 April 3<sup>rd</sup>**

Five nurses discuss the learning opportunities and potential challenges in teams with different levels of experience and staff at different career stages



**Obsessive compulsive disorder: overview of the condition and its nursing management**  
**Nursing Standard, 8<sup>th</sup> April 2024**

This article gives an overview of OCD, including its prevalence, aetiology, symptoms and treatment strategies, with the aim of enhancing nurses' understanding of the condition and its adverse effects on a person's life

**Supporting neurodivergent nursing students in their practice placements**  
**Nursing Standard, 15<sup>th</sup> April 2024**

This article details the strengths that neurodivergent students can bring to nursing, as well as some of the challenges they may experience in practice settings.

**Development of the nursing associate professional identity: A longitudinal qualitative study**  
**Nursing Open; Hoboken Vol. 1, 3, (Mar 2024) pp. 1-13**

This study aimed to understand the factors which contribute to the development of a nursing associate professional identity

**The Lived Experience of Play and How It Relates to Psychological Wellbeing: An Interpretive Phenomenological Analysis (IPA) Study amongst Undergraduate Students from Medicine, Nursing, and Allied Health Professions' Programmes in the United Kingdom**  
**Nursing Research and Practice; New York Vol. 2024, (2024).**

AIM: To provide an in-depth exploration of the lived experience of play in the clinical environment amongst medicine, nursing, and AHP undergraduate students.

## **Royal Marsden Manual**

If you'd like to know more about the Royal Marsden Manual (RMM) online and how to use it join one of the free 30 minute webinars held by Wiley trainers. Please find below the session dates and times.

- This webinar provides comprehensive guidance on using the RMM efficiently, including an overview of what you can use it for and useful tips.
  - Discover how to easily search and browse the online content, with step by step guides to over 350 evidence based clinical procedures and skills.
  - Learn how to navigate the manual effectively, run searches for specific procedures, and access valuable resources for clinical nursing practice.
  - Find out how to download illustrations for presentations and training.
  - A mobile phone friendly resource that can be used on the go and an invaluable tool to help you in your day to day role, help support revalidation and audits.
  - The webinar offers a Q&A session for help with any questions and provides attendees with a certificate of completion.
- 
- Wednesday 15 May 11:30am
  - Thursday 18 July 11:30am
  - Tuesday 24 September 11:30am
  - Thursday 14 November 11:30am.

Register for one of these dates here:

<https://register.gotowebinar.com/rt/4954239303183456602>



### **Library services**

<https://www.nhslincslibrary.uk/>

### **KnowledgeShare**

Sign up to KnowledgeShare and we will send out regular emails alerting you to the latest evidence on a particular topic. To sign up, please click on the following link

<https://www.nhslincslibrary.uk/knowledgeshare-request/>

### **Evidence Searching Training**

If you need evidence we can provide training on how to search the healthcare databases and resources. We can also show you how to appraise the information that you find. To book a training sessions please contact [clinical.librarian@ulh.nhs.uk](mailto:clinical.librarian@ulh.nhs.uk). More information can be found at

<https://www.nhslincslibrary.uk/page/training/>

### **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>

### **The Royal Marsden Manual Online**

The [Royal Marsden Manual Online](#) is available to all NHS Staff with an NHS Open Athens account.

If you do not have a NHS OpenAthens account then you can self-register for one

at: <https://openathens.nice.org.uk/>